

October 2025



National Dessert Month!

October brings many delights...colorful leaves, chilly autumn temperatures but what could be better than dessert and Halloween as inspirations to create delicious treats?!!

It was originally started to celebrate creativity and finding joy in the unexpected, National Dessert Month is the perfect time to treat ourselves a bit.

Perhaps create a dessert Bingocize theme day. Who doesn't like cake, cookies, and all of that creamy, buttery, sugary confection...in moderation, of course.

If you have a special Bingocize Dessert Day, be sure and snap some photos and send to us. We love seeing your fun!

Rhythm in Motion

This is the last call for joining the grant application for Rhythm in Motion. We are seeking a total of 60 participating facilities, and we have a few spaces open for facilities that want to bring this innovative, fun, beneficial program to your residents and staff.

Email SLipscomb@wcu.edu or call 828-227-2893.



Facility Spotlight: Lotus Village CNF



Lotus Village is a 90-bed facility located in Sparta, NC. Over the past four months, Amanda and her team have had 34 sessions of Bingocize and had an average of 13 residents participate per month. Their program has grown consistently.

Amanda shared this: "The residents look forward to Bingocize. It's all smiles and the residents are eager to exercise. Bingocize encourages fun, socializing, and friendships along with strengthening. We love Bingocize at Lotus!"

Licensing for all Bingocize NC facilities runs through April 2026. Keep up the good work Lotus and everyone!!!

Bingocize NC can be reached at 828-227-2893 or slipscomb@wcu.edu. Reach out with questions. We love hearing from you all. And...Happy National Dessert Month!