

BINGOCIZE®

August 2023

Funding provided by NC DHHS (2022-04-NC-0228) from CMP funds.

INFO TO KNOW

- Curriculum Reinforcements (CRs) should have reached your facility if you have started the program.
- Once one staff member has their online training completed and has submitted their certificate, they can begin to offer Bingocize.
- You can choose CRs. Send us a wish list from Amazon or tell us what your residents like in an email (slipscomb@wcu.edu) or phone call (828-227-2893)
- New CR orders for the grant's 3rd quarter can happen any time now. August, September, October. If you want autumn decorations, special themes, consider that when choosing your CRs.
- Each facility has a \$150 allowance per quarter for CRs.
- We have CRs in stock, so for programs getting ready to start, let us know and we will ship to you.
- Use your WKU.Blackboard.com account (where you took your online training) to find the long term care exercises and other helpful information.
- Bingocize participant t-shirts are coming soon. Please get us a list of sizes you need!!
 - Students are available to help you in facilities near Cullowhee, Asheville, Charlotte, and Pembroke. Let us know if you want their assistance.
- Attendance for May, June & July is now due.

CONGRATS TO NEW LEADERS!!

More staff completed the online training to become Bingocize® leaders: **Mallie--Tsali Care Center; WAY TO GO!!**

FACILITY SPOTLIGHT

Since July 4th, Courtland Terrace in Gastonia has been offering Bingocize. Kim, their activities director, said this about implementing Bingocize into their schedule: "I was pleasantly surprised by the resident's reaction to the program. I have tried chair exercise programs in the past and they have not enjoyed it at all! So to have the majority of my participants show up for 6-8 sessions in the first month definitely speaks volumes!"

They had 8 sessions during July with a total attendance of 80, with an average of 10 residents per session.

Congrats to Kim and Cristal for such a strong start to their Bingocize program!



Residents at Courtland Terrace enjoying Bingocize

PARTNERS IN FUN!

We are excited to have the following facilities officially on-board: *Peak Resources Alamance, Emerald Ridge Rehab and Care Center, Murphy Rehabilitation and Nursing, Abernethy Laurels, UHC Fletcher, Peak Resources Shelby, The Oaks at Sweeten Creek, The Oaks of Brevard, UHC Ramseur, Trinity Ridge, Skyland Terrace & Rehabilitation, Courtland Terrace, UHC Oxford, Willow Ridge Rehabilitation & Living Center, Saturn Nursing & Rehabilitation Center, Clay County Care Center, Big Elm Rehabilitation & Living Center, NC State Veteran's Home-Fayetteville, UHC King, and Tsali Care Center.*

Summer Fun!

XCVQPUEBMACWAKOVRYPHG
DZSUNSHINEZAQUJRPRUY
MVJMVKPPPNGTMUGJGTSO
XHMUBIDCLDIEJAPOTXGY
IADCJUKTILGRFXBBQGSK
HCNLEBMJNKUMRJXKQCJC
WSEHGUBQELEAPPLEPIE
ZLJCWTVJLZJLIGHSETY
RKDIRTTHPEPOPLSGFUPD
UNTWBESFAPBNINFSSUPG
LCMTARAWLFHELRLIGHTT
AHHQVFNMIORBEHGOAFCT
UBRFPLMBPMWIQSCHPCJX
GJEERI IQKSMEEAF CGUTF
HVKDEEMZBTDIRNRSAMMI
TMONHSVAGADWNSDWIUTS
ESVVHKDJCREQBGRSKRGH
RYBLUESKYSLIFGWZHTVI
LAKEDLSIOXIIRKKQMITN
THRTRBYLXUPTZSDUWVPG

butterflies

friendship

apple pie

blue sky

watermelon

ice cream

swimming

fishing

bumblebees

sunshine

flowers

laughter

light

lake

bbq

stars

