



Funding provided by NC DHHS (2022-04-NC-0228) from CMP funds.

### CONGRATS TO NEW LEADERS!!

More staff completed the online training to become Bingocize® leaders: **Karson**--Peak Resources Shelby; **Tiffany**--Big Elm Rehab and Living Center; **Tina & Abby**--Abernethy Laurels; **Emily**--Murphy Rehab & Nursing; **Alice**--Trinity Ridge; **Barbara & Revonda**--Willow Ridge Rehab & Living Center; WAY TO GO!!

### PARTNERS IN FUN!

We are excited to have the following facilities officially on-board: *Peak Resources Alamance, Emerald Ridge Rehab and Care Center, Murphy Rehabilitation and Nursing, Abernethy Laurels, UHC Fletcher, Peak Resources Shelby, The Oaks at Sweeten Creek, The Oaks of Brevard, UHC Ramseur, Trinity Ridge, Skyland Terrace & Rehabilitation, Courtland Terrace, UHC Oxford, Willow Ridge Rehabilitation & Living Center, Saturn Nursing & Rehabilitation Center, Clay County Care Center, Big Elm Rehabilitation & Living Center, NC State Veteran's Home-Fayetteville, UHC King,*

### BINGOCIZE® TRAINING

If your paperwork has been submitted to WCU, training links were sent to the two staff identified as Bingocize® leaders in your facility. It's important to remember to do the training before starting the program. If you didn't receive the instructions and training links, check your spam folders and if you still cannot find the link, please contact Kristen at [kduchac@wcu.edu](mailto:kduchac@wcu.edu).

Once you complete the training, download your certificate and send to Kristen. We have to document this for our funder.

### A HOW-TO GUIDE FOR ORDERING CURRICULUM REINFORCEMENTS

Once a quarter, you will get to help us plan your next round of curriculum reinforcements (CRs) The initial box CRs is sent after at least one person at your facility is trained. The Bingocize® in a Box has been sent to many facilities already. Those recently onboarded, will receive the Bingocize® in a Box along with their first round of CRs in one shipment, after at least one leader completes the facilitator training online.

The Bingocize® in a Box contains 20 squeeze balls that are used in the Bingocize® exercises, a binder for facilitators, and two leader shirts. Boxes already received will not have CRs...the CRs were sent out the third week of June and should have arrived already. The CRs were only sent to facilities that have at least one trained Bingocize® leader.

We want to make sure your residents are enjoying their CRs. **The funder requires CRs be items that are not provided by your facility.**

Each facility has an allowance of \$150 per quarter for CRs. You can give us ideas. Each item can be between \$3 and \$5; the first round of CRs has some items in the \$2 range so they can choose two if they win. We order through Amazon, so if you find something your residents would enjoy, please let us know! We also can order CRs through Bingocize® if you'd like water bottles or other logo items.

The next CR order will happen a month before the end of the quarter. September 1st we'll be ordering for October-Dec so think about holiday themes. We'll send a reminder mid-August.

You can, if you have time, create a wish list in Amazon and then email the wish list to us. This is not a requirement, but is an option. We understand this may not be possible, so don't worry! We want to work together to ensure your residents have a wonderful Bingocize® experience.

# Bingocize® Fun!

J Y F E H F N Z S M I L E J P  
B Y B R P U S T R E N G T H O  
I S O D I N Q S D Q C E O Z W  
N K X Y J E E J Q S L C G M E  
G Y H G R C N U M B E R S U R  
O P B T B J B D A P M L H S U  
Y L I J U M B E S Y O A O C H  
B I N G O C I Z E A V U Q L Q  
F D A S T V L W B H E G C E F  
S P E H T T E E C A M H O S F  
B M R O A R E I Y C E T U K N  
L Q W I M P E F B X N E N E E  
Q D J U Z L C T L I T R T L I  
W T P Y F E T F C C K H D R D  
V H U Q B W S K A H O D U Z Q

bingocize

strength

movement

fun

stretch

numbers

laughter

friends

prizes

smile

power

muscles

bingo

count